

## Take Action!

- Want to enroll yourself or a loved one in a Project Rex Group to learn about social skills, conversations, and friendship development? Discover current offerings at [ProjectRex.org/Groups](http://ProjectRex.org/Groups), then call (843) 792-0037 for an intake. Medicaid covers our Groups 100%, most private insurance is accepted, and we offer a self-pay discount.
- Want the latest Project Rex news delivered to your inbox? Make sure you don't miss out on the latest Charleston-area autism groups, events, and supports for your family; visit [ProjectRex.org](http://ProjectRex.org) and enter your email address today.
- Want to volunteer with Project Rex? Contact our team at (843) 792-9162.
- Want to make a donation to the work of MUSC Project Rex? Visit [ProjectRex.org](http://ProjectRex.org) and click “Donate”, or call the MUSC Foundation directly at (843) 792-6470.
- Want to stay connected to Project Rex on social media? [Like us on Facebook](#) by searching Project Rex: MUSC Autism Spectrum, and [follow us on Twitter @Project\\_Rex](#).

## Contact Project Rex

- Visit our website, [ProjectRex.org](http://ProjectRex.org).
- Call us at (843) 792-0037.
- [Like us on Facebook](#) (search Project Rex: MUSC Autism Spectrum), and [follow us on Twitter @Project\\_Rex](#).



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# Project Rex



Project Rex is dedicated to providing services to individuals on the autism spectrum and their families.

We help individuals with autism and ADHD reach their highest potential by enhancing their social skills, their ability to understand emotions, and their adaptability.

Project Rex Group participants are empowered to learn vital social skills, lessen social anxiety, practice calming and coping skills, make and keep friendships, and cultivate emotional intelligence.

## Project Rex Groups Offered

**Adult Group (ages 18+):** Focuses on Social Skills Training, including conversations, making social plans, and entering and exiting group conversations.

**Project PEERS (ages 13-17):** A social skills training program that teaches individuals to make and keep friendships.

**Pre-Teen / Teen Group (ages 10-15):** An introduction to social conversation skills, with role-play of common interactions such as personal introductions.

**Yoga Group (ages 6-12):** Yoga activities enhance social skills, increase coping and relaxation skills, and decrease anxiety.

**School-Age Group (ages 5-10):** Created to enhance children's social skills; diagnosis is not required for participation. Sensory and gross motor activities promote play skills.



## Project Rex Group FAQs (Visit [ProjectRex.org/FAQs](http://ProjectRex.org/FAQs) for more!)



- **When do Groups meet? How do I schedule an intake?** Visit [ProjectRex.org/Groups](http://ProjectRex.org/Groups) and call (843) 792-0037 for an intake.
- **How much do Groups cost?** Medicaid covers the program 100%, and most private insurance is accepted. We also offer a discount for self-pay. Call (843) 792-0037!
- **What else should I know?** With the exception of the Adult Group, all Groups include a congruent, mandatory parent support group.
- **Where do Groups meet?** At MUSC IOP 5 South, 67 President Street, Charleston, SC 29425.

## What Parents Are Saying ...

- “My child and I both learned and grew after each class .... I have gained knowledge in how to respond better in every setting, to my child’s needs. Thank you for everything!”
- “This [group] has really helped inform me of resources and helped me be more active in understanding my son and his needs.”
- “Totally awesome!”
- “Great progress from my child and my learning new skills and how to best handle her unique needs.”
- “It is a blessing to be a part of the group ... Thanks for all the help!”
- “Thanks to all the staff of Project Rex and MUSC .... You have changed our lives so drastically. Thank you and we love you.”
- “Think this is a great program – wish I would have found it sooner.”

**Call (843) 792-0037 or visit us at [ProjectRex.org](http://ProjectRex.org) today!**